

Hospital to Home Transition Program

Helping NDIS Participants Move Forward with Confidence



Get in Touch
for Enquiries



SCAN



Phone

0447 464 597 / (03) 9457 5968



Website

www.cosyhomecare.com.au



Address

Waterman Bundoora
Level 2, 1-3 Janefield Drive, Bundoora,
Vic 3083

About the

Hospital to Home Discharge Program

Safe Accommodation | Personalised Supports | Successful Outcome

Finding the right accommodation and support can be one of the biggest barriers to discharge.

At Cosy Home Care, we provide tailored Hospital to Home solutions that help NDIS participants transition safely from hospital into welcoming homes with the supports they need to live independently and thrive.

Whether an individual requires, **Supported Independent Living (SIL)**, , **Medium-Term Accommodation (MTA)**, **Respite Accommodation (STA)**, **Specialist Disability Accommodation (SDA)** our experienced team works collaboratively with hospitals, support coordinators, allied health professionals, families, and participants to deliver seamless transitions and positive long-term outcomes.



Why cosyhomecare

Because a successful discharge is about more than finding a vacancy.

It's about ensuring the participant has:

The right home

The right supports

A personalised transition plan

A team that genuinely cares

The opportunity to live independently
and achieve their goals

**Our person-centred approach focuses on dignity,
choice, safety, and long-term outcomes.**



Registered
NDIS
Provider



Who is this program for?

We support NDIS participants who have an approved NDIS plan and funding for accommodation, support services, or community participation, including individuals who:

- 1 Are medically ready to leave hospital
- 2 Have an NDIS approved plan
- 3 Require Supported Independent Living (SIL), Medium-Term Accommodation (MTA) or Respite Accommodation (STA), Specialist Disability Accommodation (SDA),
- 4 Have complex physical, neurological, intellectual, or psychosocial support needs
- 5 Require assistance transitioning safely back into the community
- 6 Are at risk of delayed discharge due to housing or support barriers
- 7 Require accommodation and support solutions to achieve greater independence and quality of life



Our Services

Supported Independent Living (SIL)

Everyone deserves a place to call home. Our Supported Independent Living services provide personalised support in a safe and welcoming environment, helping participants build confidence, develop daily living skills, and enjoy greater independence while receiving the assistance they need.

Medium-Term Accommodation (MTA)

Sometimes the next chapter takes a little time to prepare. Our Medium-Term Accommodation provides a safe and supportive home for participants while long-term housing arrangements are being finalised, ensuring they can continue moving forward with confidence.

Respite Accommodation (STA)

Caring for someone can be rewarding, but everyone needs a break from time to time. Our respite services offer participants a comfortable and supportive place to stay while giving families and carers peace of mind. Whether it's for a planned stay, an emergency, or simply a change of scenery, we're here to help.

Specialist Disability Accommodation (SDA)

Finding the right home is an important part of building a fulfilling and independent life. We work collaboratively with SDA providers, participants, families, support coordinators, and allied health professionals to identify suitable housing options that align with each person's needs, goals, and preferences.

Our Services

Transition Planning & Coordination

Moving from hospital to home can feel overwhelming, but you don't have to navigate it alone. We work closely with hospitals, support coordinators, families, and participants to ensure every transition is carefully planned, well-supported, and focused on long-term success.

Complex Care Supports

Our experienced and compassionate team is dedicated to supporting people with complex physical, neurological, intellectual, and psychosocial needs. We take the time to understand each person's unique circumstances and provide care that is respectful, responsive, and person-centred.

Community Participation

A fulfilling life is about more than where you live. We support participants to build meaningful connections, explore new interests, participate in community activities, pursue employment or education opportunities, and achieve the goals that matter most to them.

Who We Work With

We proudly collaborate with:

NDIS Participants

Families and Carers

Hospitals and Health Services

Discharge Planners

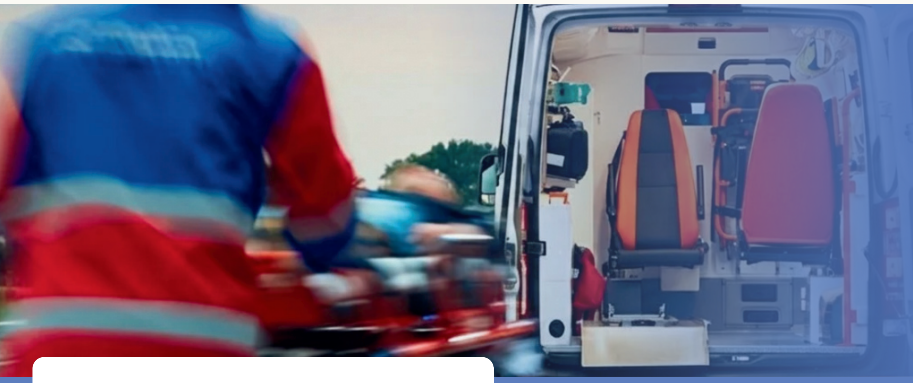
Allied Health Professionals

Support Coordinators

Occupational Therapists

Social Workers





The Process

Week 1

Step 1

MAKING A REFERRAL

The journey begins with a referral from a hospital, discharge planner, support coordinator, allied health professional, family member, or participant. Our friendly team takes the time to understand each individual's circumstances and how we can best support their transition.

Step 2

GETTING TO KNOW YOU

Every person is unique. We take the time to understand accommodation requirements, support needs, NDIS funding, personal goals, preferences, and what truly matters to the participant and their support network.

Step 3

FINDING THE RIGHT FIT

We work collaboratively to identify suitable accommodation and support options that align with the participant's needs, lifestyle, and aspirations, ensuring they feel comfortable, supported, and at home.



The Process

Week 2

Step 4

PLANNING FOR A SMOOTH TRANSITION

Our team coordinates accommodation, supports, equipment, and services while working closely with all stakeholders to ensure everything is in place before discharge, creating a seamless transition from hospital to home.

Step 5

WELCOME HOME

Moving into a new home is a significant milestone. Our experienced team is there every step of the way, providing guidance, reassurance, and support to help participants settle in with confidence.

Step 6

BUILDING A FULFILLING FUTURE

Our support doesn't end on move-in day. We continue working alongside participants, families, and support networks to promote independence, achieve personal goals, build community connections, and create opportunities for a meaningful and fulfilling life.

Current Vacancies Available



HEIDELBERG HEIGHTS

Designed to support both privacy and community, this modern shared residence offers a welcoming and well-maintained environment where you can truly feel at home.

 Heidelberg Heights, VIC 3081



Murray Rd/Plenty Rd
Tram Stop
Nearby



Walking distance:
Waterdale
Rd/Southern Rd
Bus Stop Nearby



5 min drive:
Northland and
The Mall Shopping
Centre



Holstep
Health

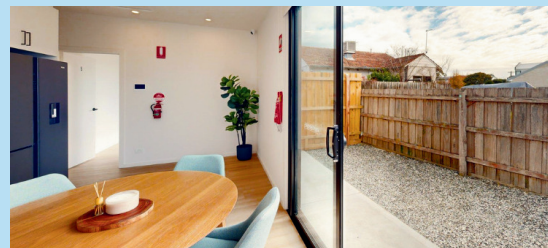
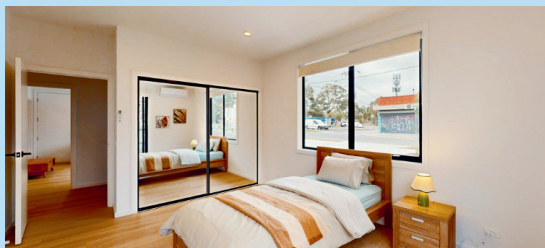


10 min drive:
Austin Hospital
Nearby and Mercy
Hospital for Women



Malahang
Reserve
Playground Nearby

Current Vacancies Available



HEIDELBERG WEST

A brand-new SIL property offering self-contained studios with an ensuite bathroom, kitchenette, built-in storage, and a private outdoor courtyard alongside communal area, modern kitchen, dining, laundry facilities, accessible design throughout the home, secure entry and safe environment.

 Heidelberg West, VIC 3081



Murray Rd/Plenty Rd
Tram Stop
Nearby



2 min walk:
The Mall
SC/Oriel Rd
Bus Stop



5 min drive:
Northland Shopping
Centre



Heidelberg
Family Medical
Centre

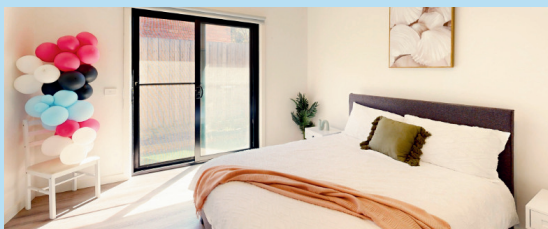


10 min drive:
Austin Hospital
Nearby



Short drive from
Melbourne Ferry
Terminal Cafe

Current Vacancies Available



BUNDOORA

A brand-new SIL property featuring self-contained studios with ensuite, kitchenette, and private courtyard, alongside communal living spaces, accessible design, and secure entry.

 Bundoora VIC 3083



10 mins drive:
Reservoir VIC,
Australia
Train Station



University Hill
Tram Stop



University Hill
Shopping Centre



5 min away:
Bundoora
Medical Centre
Pharmacy

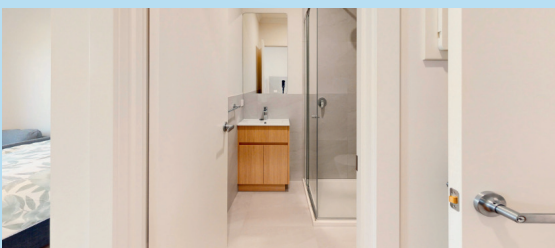


10 min away:
La Trobe Private
Hospital



10 min away:
Bundoora Park Farm
and Cafe

Current Vacancies Available



LAVERTON

Each studio is fully self-contained with a private ensuite, kitchenette, built-in storage, and your own outdoor courtyard. Shared spaces include a modern kitchen, dining area, laundry, and outdoor areas for when you want to connect with others.

 Laverton, VIC, 3026



5 min walk to
Laverton
Railway Station



Minutes away from
McCormack Park



Laverton Market,
Leakes Road Nearby



Laverton
Medical Centre,
Neville Avenue



15 -20 min drive to
Werribee Mercy
Hospital



5 Minute Walk to
shops/cafes

Current Vacancies Available



IVANHOE

Our brand-new **Improved Liveability** SDA is purpose-built to support independent living and wellbeing for participants with sensory, intellectual, or cognitive needs.

 Ivanhoe, VIC, 3079



East Ivanhoe
village café



5 min drive:
Eaglemont and
Ivanhoe Railway
Station



Ivanhoe
Plaza



East Ivanhoe
Medical Clinic,
Beauview
Parade

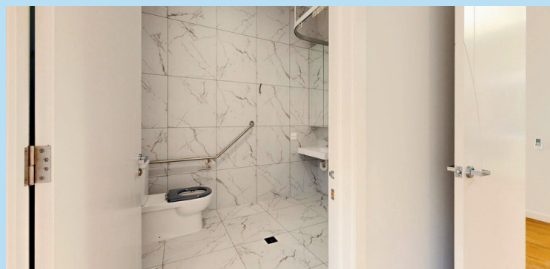
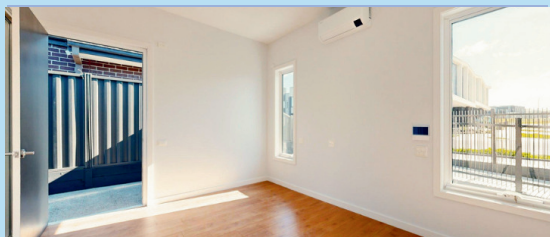


Short drive to
Mercy Hospital for
Women and Austin
Hospital, Studley
Road



Chelsworth
Park and Yarra
Flats Park

Current Vacancies Available



KALKALLO

Built for those with **High Physical Support (HPS)** needs. It's designed to give you both private space and the ability to live independently, all with continuous 24/7 support.

 Kalkallo, VIC, 3063

2 

Close to Donnybrook
Train Station, Nearby
Dianella Ave / Dwyer St
Bus Stop



Close to Kalkallo
Shopping Centre



3 

Close to Northern
Hospital Epping



Cilantro Street
Reserve



**MAKE A
REFERRAL
TODAY**



Need a discharge solution for an NDIS participant?

Our team is ready to discuss accommodation options, support requirements, and referral pathways.



0447 464 597 | (03) 9457 5968



referral@cosyhomecare.com.au



www.cosyhomecare.com.au

